

Safety Session

Slips, Trips & Falls

Slips, trips and falls can happen by using a chair improperly. It can happen when walking on something you wouldn't be walking on. It happens when you carry something and trip. It can happen using a ladder unsafely. It happens when you are distracted doing something that is unsafe. A fall from a height as low as four feet can cause serious injury and even death. The vast majority of slips and falls occur because the person is not paying attention to where they are walking or what they're doing. The second cause of correctable hazards in the workplace such as slippery floors, electrical cord laid on the floor, damaged ladder or an unguarded drop-off.

Things you can do include:

- Ensuring your work area is kept clean and free of debris on walking surfaces
- Report and lighting that is not working
- Never carry objects that block your view of where you are walking
- Inspect all ladders before each use
- Clean up spills immediately
- Report all slip and fall hazards to your supervisor
- Use handrails when going up or down stair
- Make sure the soles of your shoes are not excessively worn
- Don't store or place anything on stairs
- Walk only in authorized areas
- Never climb on or over equipment
- When on a ladder maintain a 3-point contact and never lean out or away from the center of the ladder

Accident Reports...It could happen here

A production worker at a textile plant fell eight feet from the top of a machine he had been attempting to clear. Instead of going to the other side and using the access ladder, he climbed on top of the equipment from the operator's side. While attempting to clear a jam, his foot slipped and he fell to the foot of the machine. He injured his spine and rib cage – this resulted in a three-month stay in the hospital in full traction.

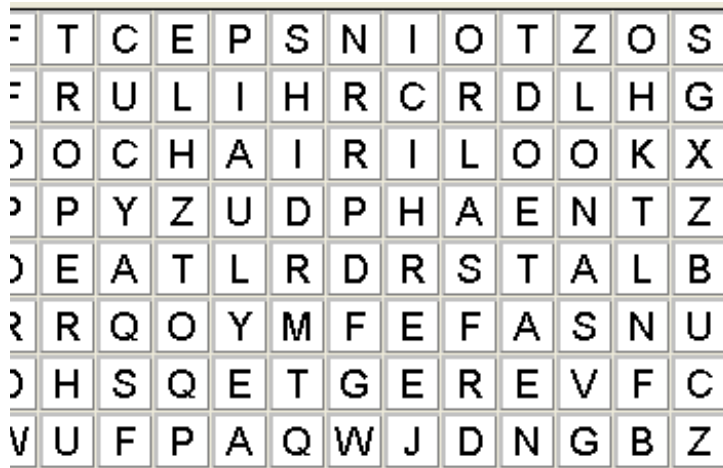
A worker in a paint factory broke her leg when she stepped into an unguarded drain hole... the drain grate had been temporarily removed to clear a blockage. No barrier had been put up to warn workers of the open hole.

Slips trips and falls are the result of unsafe acts and unsafe condition. Correct these problems when you see them!

Safety Word Search

Find the following Safety Words below

Chair	Report
Clean	Shoes
Drop-off	Slippery
Hazards	Stairs
Inspect	Trip
Ladder	Unsafe
Look	



If you identify potential slip and fall hazards, then take the necessary action to eliminate them. Safety is a team effort and we want you to do your part. It is as important to the whole team.

